S06

Blur Lens Flare Transition

CHAPTER ASSIGNMENT

Name _____ Class _____ No. _____ Date _____

Practical assignment for Adobe Premiere Pro 2026 | Grade 12. Follow every step in Premiere Pro; use the lines to note your settings and file names.

Questions from the Guru Jazzy session page, for classroom use.

45-Second Travel Montage Using Transitions

Task **Your task:** Edit a 45-second travel montage using at least 5 clips. Apply transitions between cuts and customise them. Mix transitions with hard cuts — do not use a transition on every cut.

(1) **Step 1 — Get your footage**

Download the Japan vlog video clips from the shared Google Drive folder and import them into a Footage bin in your project.

(2) **Step 2 — Build your base montage**

Using Mark-In (I) / Mark-Out (O), edit at least 5 clips onto V1 of the timeline. Leave a few extra seconds of unused footage at the start/end of each clip — this gives you room to add transitions later.

(3) **Step 3 — Apply transitions**

1. Open the Effects panel: Window > Effects
2. Go to Video Transitions and explore the categories (Blur, Dissolve, Slide, Wipe, etc.)
3. You may use any transition you like — Blur Lens Flare or otherwise
4. Drag your chosen transition onto a cut point between two clips
5. Repeat for at least 3 different cut points

(4) **Step 4 — Customise duration**

Click on one transition, open Effect Controls. Change the Duration field to a value different from the default (try shorter for energy, longer for a smoother feel). Preview your change.

(5) Step 5 — Customise alignment

Try the three alignment options on one transition: Center at Cut, Start at Cut, End at Cut. Choose the one that works best and keep it.

(6) Step 6 — Balance your edit

Make sure not every cut has a transition — keep some hard cuts too. Total montage duration: 40–50 seconds.

(7) Step 7 — Save and export

1. Save your project: Ctrl+S / Cmd+S
2. Export: File > Export > Media > Format: H.264 > Export

Files

File names

File	Name
Project file	`YourName_Session6_Montage`
Exported MP4	`YourName_Session6_Export`

Example: Somchai_Session6_Montage

Submit both files to the class shared folder before the start of Session 7.

End of assignment · Check your answers against the chapter at gurujazzy.com/subjects/video-editing/session-06-blur-lens-flare-transition/